

# PMEX UPDATE

|                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                     |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div>SELL</div> <div>  <b>CRUDE10-JA26</b><br/>                     57.86 <span>-1.93%</span><br/>                     Expiry 18/Dec/25<br/>                     Remaining 27 Days                 </div> <div>Entry 58.28 - 58.17</div> <div>Stoploss 58.59</div> <div>Take Profit 57.72 - 57.45</div>    | <div>BUY</div> <div>  <b>NGAS1K-DE25</b><br/>                     4.5470 <span>1.63%</span><br/>                     Expiry 24/Nov/25<br/>                     Remaining 3 Days                 </div> <div>Entry 4.495 - 4.505</div> <div>Stoploss 4.44</div> <div>Take Profit 4.55 - 4.573</div>            | <div>SELL</div> <div>  <b>GO10Z-DE25</b><br/>                     4,033.99 <span>-0.64%</span><br/>                     Expiry 25/Nov/25<br/>                     Remaining 4 Days                 </div> <div>Entry 4048 - 4044</div> <div>Stoploss 4063.24</div> <div>Take Profit 4027 - 4015</div>            | <div>SELL</div> <div>  <b>SL10-DE25</b><br/>                     48.34 <span>-3.90%</span><br/>                     Expiry 25/Nov/25<br/>                     Remaining 4 Days                 </div> <div>Entry 48.53 - 48.443</div> <div>Stoploss 48.75</div> <div>Take Profit 47.846 - 47.536</div>           |
| <div>SELL</div> <div>  <b>PLATINUM5-JA26</b><br/>                     1,494.35 <span>-1.51%</span><br/>                     Expiry 29/Dec/25<br/>                     Remaining 38 Days                 </div> <div>Entry 1504 - 1502</div> <div>Stoploss 1511.40</div> <div>Take Profit 1482 - 1475</div> | <div>SELL</div> <div>  <b>COPPER-DE25</b><br/>                     4.9315 <span>-0.74%</span><br/>                     Expiry 25/Nov/25<br/>                     Remaining 4 Days                 </div> <div>Entry 4.963 - 4.9544</div> <div>Stoploss 5.00</div> <div>Take Profit 4.9162 - 4.897</div>       | <div>SELL</div> <div>  <b>ICOTTON-MA26</b><br/>                     63.36 <span>-0.60%</span><br/>                     Expiry 19/Feb/26<br/>                     Remaining 90 Days                 </div> <div>Entry 63.85 - 63.75</div> <div>Stoploss 64.04</div> <div>Take Profit 63.45 - 63.24</div>          | <div>BUY</div> <div>  <b>DJ-DE24</b><br/>                     45,931 <span>0.23%</span><br/>                     Expiry 18/Dec/25<br/>                     Remaining 27 Days                 </div> <div>Entry 46228 - 46244</div> <div>Stoploss 46131.12</div> <div>Take Profit 46374 - 46458</div>             |
| <div>SELL</div> <div>  <b>SP500-DE24</b><br/>                     6,547 <span>-0.17%</span><br/>                     Expiry 18/Dec/25<br/>                     Remaining 27 Days                 </div> <div>Entry 6567 - 6557</div> <div>Stoploss 6582.15</div> <div>Take Profit 6525 - 6500</div>      | <div>SELL</div> <div>  <b>NSDQ100-DE24</b><br/>                     24,021 <span>-0.46%</span><br/>                     Expiry 18/Dec/25<br/>                     Remaining 27 Days                 </div> <div>Entry 24277 - 24224</div> <div>Stoploss 24348.36</div> <div>Take Profit 24080 - 23907</div> | <div>SELL</div> <div>  <b>GOLDUSDJPY-DE25</b><br/>                     156.80 <span>-0.44%</span><br/>                     Expiry 25/Nov/25<br/>                     Remaining 4 Days                 </div> <div>Entry 157.19 - 157.15</div> <div>Stoploss 157.43</div> <div>Take Profit 156.95 - 156.7</div> | <div>SELL</div> <div>  <b>GOLDEURUSD-DE25</b><br/>                     1.1506 <span>-0.19%</span><br/>                     Expiry 25/Nov/25<br/>                     Remaining 4 Days                 </div> <div>Entry 1.1533 - 1.1527</div> <div>Stoploss 1.155</div> <div>Take Profit 1.1513 - 1.1503</div> |

## Major Headlines

**Oil extends decline by 2% as US presses for Russia-Ukraine peace deal**

Oil prices fell more than 2% on Friday, extending declines for a third session as the United States pushed for a Russia-Ukraine peace deal that could swell global supply while uncertainty over interest rates curbed investors' risk appetite. Brent crude futures dropped by \$1.40, or 2.2%, to \$61.98 a barrel by 1010 GMT. U.S. West Texas Intermediate crude was down 2.5%, or \$1.48, at \$57.52. Both contracts are set to register declines of about 4% for the week, erasing last week's gains. [see more...](#)

**Gold Futures Weaken as Yield Shock and Fed Odds Pull Momentum Lower**

Traders are pricing in a 28.5% chance that the Fed will cut rates by 25 basis points during its December 10-11 meeting, up from the 21.5% chance seen yesterday but down sharply from the 45.4% chance seen last week, according to CME Fedwatch. A host of Fed officials are set to speak later on Friday, while upcoming purchasing managers index data for November is also set to provide more cues on the world's largest economy. [see more...](#)

**U.S. stock futures mostly steady; Nasdaq slips on cooling rate cut bets**

U.S. stock futures mostly steadied Friday after a volatile session, although the tech sector remained vulnerable as investors further priced out bets on a December interest rate cut. At 05:00 ET (10:00 GMT), Dow Jones Futures rose 135 points, or 0.3%, while S&P 500 Futures slipped 9 points, or 0.1%, and Nasdaq 100 Futures dropped 115 points, or 0.5%. All three major U.S. stock indexes slumped Thursday, and are on track for a losing week, with the S&P 500 down 2.9% [see more...](#)

**Japanese Yen recovers further multi-month low against USD amid intervention fears**

The Japanese Yen (JPY) attracts some buyers on Friday and moves away from its lowest level since mid-January, touched against the US Dollar (USD) the previous day. Comments from Japan's Finance Minister Satsuki Katayama earlier today fueled speculations that authorities would step in to stem further JPY weakness. Apart from this, a generally weaker tone around the equity markets is seen underpinning the safe-haven JPY through the early European session. [see more...](#)

**EUR/USD retraces previous gains following weak Eurozone data**

EUR/USD is posting a mild recovery on Friday, trading at the 1.1535 area at the time of writing, but remains at a short distance from the two-week lows at 1.1500. Weaker-than-expected Eurozone and German preliminary business activity data have disappointed investors, weighing on the common currency's recovery. The Eurozone HCOB Manufacturing Purchasing Managers' Index (PMI) fell into contraction levels, to a 49.7 reading in November, from 50.0 in October. [see more...](#)

**US Dollar Index Builds a Multi-Month Base That Could Fuel a major upswing**

The price moved above 100, then moved back down a bit – held (intraday low at 100.10) – and then moved up again. The breakout is not yet confirmed, but it's clear that this situation is different. It's not the emotional reactive rally that we saw in May. Nor is it a spike-shaped top that we saw in July-August. It's a clear move up that followed several breakouts. And an invalidation of the breakdown to new yearly lows in mid-September [see more...](#)

## Economic Calendar

| Event                              | Date       | Time    | Currency | Importance      | Actual | Forecast | Previous |
|------------------------------------|------------|---------|----------|-----------------|--------|----------|----------|
| S&P Global Manufacturing PMI (Nov) | 11/21/2025 | 7:45 PM | USD      | High volatility |        | 52       | 52.5     |
| S&P Global Services PMI (Nov)      | 11/21/2025 | 7:45 PM | USD      | High volatility |        | 54.6     | 54.8     |

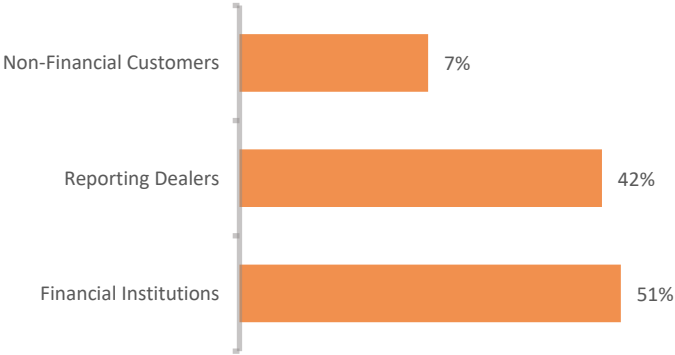
# FOREX MARKETS' STATISTICS

Forex Market Hours

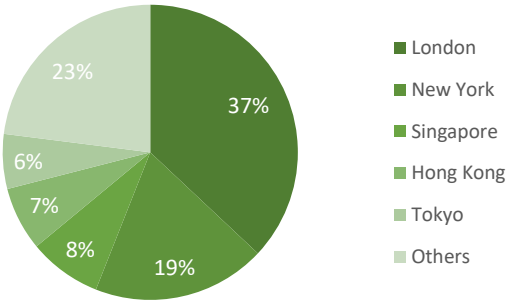


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

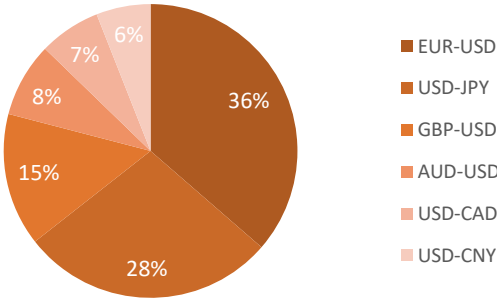
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

# DISCLAIMER

This report has been prepared by Abbasi and Company (Private) Limited and is provided for information purposes only. Abbasi and Company (Private) Limited (ACPL) is engaged in brokerage business of commodities futures in Pakistan and to provide the trading/ execution facility on Pakistan Mercantile Exchange (PMEX). There is risk of loss in trading in derivatives (futures). The author, directors and other employees of Abbasi and Company (Private) Limited and its affiliates cannot be held responsible for any loss in trading. Futures; futures on margin carries a high level of risk and may not be suitable for all investors. The high degree of leverage can work against the investor/ traders. Before deciding to invest in Commodity derivatives, you should carefully consider your investment objectives, level of experience, and risk appetite. The possibility exists that you could sustain a loss of some or all of your initial investment and therefore you should not invest money that you cannot afford to lose. You should be aware of all the risks associated with futures trading in commodities and other financial products. We take no responsibility for any loss made in investment on any instruments through us. In any event Abbasi and Company (Private) Limited, its affiliates, agents will not be liable to anyone for any decision made or action taken for investment/ trading. Abbasi and Company (Private) Limited, its affiliates, directors and employees cannot be held responsible for any loss in trading due to any problem in connectivity; failure of system; technical problem in the software or any other reason whatever. All the reports/ recommendations/ trading calls/ opinions are advisory in nature and contains the opinions of the author, which are not to be construed as investment advices. The author, directors and other employees of Abbasi and Company (Private) Limited and its affiliates cannot be held responsible for the accuracy of the information presented herein or for the results of the positions taken based on the opinions expressed in the reports/ views from Abbasi and Company (Private) Limited. All the views/ recommendations/ trading calls and opinions are based on the information, which are believed to be accurate and no assurance can be given for the accuracy of these information.

Derivatives trading involve substantial risk. The valuation of the underlying may fluctuate, and as a result, clients may lose their entire original investment. In no event should the content of this research report be construed as an express or an implied promise, guarantee or implication by, or from, Abbasi and Company (Private) Limited that you will profit or that losses can, or will be, limited in any manner whatsoever. Past results are no indication of future performance. The information provided in this report is intended solely for informative purposes and is obtained from sources believed to be reliable. Information is in no way guaranteed. No guarantee of any kind is implied or possible where projections of future conditions are attempted. Investments in securities market are subject to market risks, read all the related documents carefully before investing.

All rights reserved by Abbasi and Company (Private) Limited. This report or any portion hereof may not be reproduced, distributed, or published by any person for any purpose whatsoever. Nor can it be sent to a third party without prior consent of Abbasi and Company (Private) Limited. Action could be taken for unauthorized reproduction, distribution, or publication.

The research analyst, primarily involved in the preparation of this report, certifies that (1) the views expressed in this report accurately reflect his/her personal views about the subject commodity/index /currency pair and (2) no part of his/her compensation was, is or will be directly or indirectly related to the specific recommendations or views expressed in this report.

## DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 282.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

## RESEARCH DISSEMINATION POLICY

Abbasi & Company (Private) Limited endeavors to make all reasonable efforts to disseminate research to all eligible clients in a timely manner through either physical or electronic distribution such as email, fax mail etc. Nevertheless, all clients may not receive the material at the same time.

### PREPARED BY

Muhammad Rashid Nawaz  
Phone: (+92) 42 38302028  
Ext: 118  
Email: [umairjaved@abbasiandcompany.com](mailto:umairjaved@abbasiandcompany.com)

### RESEARCH DEPARTMENT

6 - Shadman, Lahore  
Phone: (+92) 42 38302028; Ext: 116, 117  
Email: [research@abbasiandcompany.com](mailto:research@abbasiandcompany.com)  
web: [www.abbasiandcompany.com](http://www.abbasiandcompany.com)

### HEAD OFFICE

6 - Shadman, Lahore  
Phone: (+92) 42 38302028  
Email: [support@abbasiandcompany.com](mailto:support@abbasiandcompany.com)  
web: [www.abbasiandcompany.com](http://www.abbasiandcompany.com)